contact@2c2s.fr
06.96.40.87.96

	LUNDI		MARDI		MERCREDI		JEUDI		VENDREDI		SAMEDI
HORAIRE	GYM	PISCINE	GYM	PISCINE	GYM	PISCINE	GYM	PISCINE	GYM	PISCINE	PISCINE
8:30-9:00 9:00-9:30											AMELIE AQUA-BABY
10:00-10:45	FAB GYM DOUCE		FAB GYM DOUCE				FAB GYM DOUCE				AMELIE AQUABIKE 9H45
11:00-11:45				AUDREY AQUAGYM DOUCE				AUDREY AQUAGYM DOUCE		AUDREY AQUAGYM DOUCE	AMELIE AQUADYNAMIC 10H45
11:30-12:00											AMELIE AQUATRAINING 11H45
12:30-13:15				AUDREY AQUADYNAMIC				AUDREY AQUADYNAMIC		AUDREY AQUADANSE	
13:30-14:15							CANDY GYM PRÉ & POSTNATALE				
14:30-15:15		CANDY AQUAGYM PRÉ & POSTNATALE						CANDY AQUAGYM PRÉ & POSTNATALE			
15:00-15:30						AMELIE AQUA-BABY					
15:30-16:15				TORY AQUADYNAMIC		AMELIE NATATION 15H45				AUDREY AQUA-STEP	
16:30-17:15				TORY AQUABOXING		AMELIE AQUADYNAMIC				TORY AQUABIKE	
17:30-18:15		MARIE-GERARD AQUADYNAMIC		TORY AQUABIKE		AMELIE AQUAMIX	MARIE-GERARD DEFOULE / CORE TRAINING	TORY AQUADYNAMIC		TORY AQUATRAINING	
18:30-19:15		MARIE-GERARD AQUABOXING		TORY AQUATRAINING			MARIE-GERARD RENFO-ZEN / AFRODANCE	TORY AQUABIKE		TORY AQUADYNAMIC	
19:30-20:15											